

# HaShomer

OCTOBER 2009

Congregation Beth Shalom TISHREI/CHESHVAN 5770

## Schedule of Services

October 2009  
Tishrei/Cheshvan 5770

Friday, October 2, 8:00 pm  
**Erev Sukkot**

**Simcha/Shabbat Service**  
Led by **Sheri Allen**

Saturday, October 3  
**Sukkot, 1st Day**

Torah Study 9:00 am  
Shabbat Service 10:00 am  
Led by **Sheri Allen**  
**Gumbo in the Sukkah 7:00 pm**  
(see page 8)

Friday, October 9, 8:00 pm  
**Sukkot, 7th Day**

Saturday, October 10  
**Shmini Atzeret**

Torah Study 9:00 am  
Shabbat Service 10:00 am  
**Simchat Torah Service, 7:00 pm**  
Led by **Sheri Allen**

Friday, October 16  
**Dinner 6:30 pm**

**Family Service 7:30 pm**  
Led by **Sheri Allen**

Saturday, October 17  
Torah Study 9:00 am  
Shabbat Service 10:00 am  
Torah: Bereshit

Monday, October 19, 7:00 am  
**Rosh Chodesh Cheshvan Minyan**

Friday, October 23, 8:00 pm  
Led by **Rabbi Brian Zimmerman**

Saturday, October 24  
Torah Study 9:00 am  
Shabbat Service 10:00 am  
Led by **Sheri Allen**  
Torah: Noach

Friday, October 30, 8:00 pm  
Saturday, October 31  
Torah Study 9:00 am  
Shabbat Service 10:00 am  
Torah: Lech-Lecha

**Adult Education  
Classes Begin  
October 18  
(Hebrew Classes,  
October 25)**

## High Holy Day Appeal Speech 2009

At the Russian military academy, a general gave a lecture on, "Potential Problems and Military Strategy". At the end of the lecture, he asked if there were any questions.

An officer stood up and asked, "Will there be a third world war? Will Russia take part in it?"

The general answered both questions in the affirmative.

The officer asked, "Who will be the enemy?"

The general replied, "All indications point to China."

All in the audience were shocked. The officer asks, "General, we are only 150 million. There are 1.5 billion Chinese. Can we win such a war?"

The general answered, "Just think about this. In modern warfare, it is not the quantity that matters but the quality. For example, in the Middle East we had a few wars recently where 5 million Jews fought against 150 million Arabs, and Israel was always victorious."

The lecture hall was quiet. Then the officer stood up again and asked, "but General... Do we have enough Jews?"

Every year you expect the president to stand before you and lament the financial situation of our congregation and implore you to give from the bottom of your hearts to a particular fund for a particular reason. This year is no different except for one minute detail. I am not going to ask you to contribute to the mortgage reduction or the building fund, a new spiritual leader fund or any other campaign with a defined purpose. This year I am asking each of you to look deep within your soul for a vision.

For a vision to be realized however, it takes two components- assets to make it possible and people to make it happen.

As you know, the last few months have been very busy for the board and many of our volunteers who have given many hours to fill our calendar with activities, programs, events and services. We have brought a new, energetic and compassionate spiritual leader to our bimah and have been blessed to have a wonderful Rabbi lead us during the High Holy Days and even more as our needs develop.

Our vision was and is to rebuild and reinvigorate our community, but in order for us to accomplish this, it takes assets. In other words, we DO need your funds. So this year, I'm not asking for a specific fund but a commitment for the General Fund, which will sustain our synagogue, wherever the funds are most needed and in turn assure our future.

The Free in Three Campaign is over, there is no Capital Campaign drive, and there are no pledges that were committed and are still yet to be fulfilled. You all did a terrific job reducing our mortgage to a mere \$100,000 and the support was quite inspirational and showed the confidence that you have in Beth Shalom and in the community that WE have created. But the task is not over.

I spoke to you last night about Teshuvah, which is commonly mistranslated as repentance. The more correct interpretation is return. This is where the people make things happen part comes in. If you have yet to return to your community,

*Continued on next page . . .*



## High Holy Day Appeal

... continued from page 1

there is no better time than now to make that commitment during the High Holy Days before your community and your G-d. Over the last year, the theme of my administration has been, "We want to count hearts, can we count yours?" I am asking that each of you open your hearts, your minds and yes, your wallets simultaneously. And believe me, to realize this vision it will take all three. As the officer stood up again and asked, but General... Do we have enough Jews?"

Whatever your commitment had been to our previous campaigns, whatever you can give over the course of this year, please make a generous pledge to the General Fund by the end of this month. Your pledge can be posted to your account and all pledges will be acknowledged in **HaShomer**.

Our future is brighter than ever and what lies beyond the horizon is the old Beth Shalom-warm, joyful and spirited. By returning to our core, our essence we will elevate both our community and our possibilities. Can we do no less as we ask HaShem to grant us another year of life? After all, G-d has showered His blessings upon us all *outside* of these walls to insure that we will provide our blessings *inside* of them.

In closing I am not asking you to believe in me. I'm asking each of you to believe in yourself and the power of change available to you should you decide to act upon it. Apathy never solved anything. Remember that it takes both assets to make things possible and people to make things happen.

The future is not ours to fear, but ours to shape! I want to count hearts. Can I count yours?

Shabbat Shalom and L'Shana Tova Tikateivu.

– *Stuart Snow, President*  
*Congregation Beth Shalom*



### CBS Mission Statement:

Congregation Beth Shalom is a Reform Jewish community; warm and caring, welcoming of all, rich in tradition, committed to G-d and Israel, devoted to life-long learning, Jewish programs and spiritual growth.

### CBS Vision Statement:

Congregation Beth Shalom strives to be the center for strong Jewish spiritual growth in the Mid-Cities community, where our members engage in the study of Torah, the warmth and friendship that evolves through our Jewish way of life, and our commitment to Tikkun Olam.

## HaShomer

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Editor: Hy Siegel Editorial Assistance: Janet Aaronson

## My Two Shekels

Mazal Tov!

We have made it through the High Holy Days!

After engaging in the difficult process of Teshuvah, (repentance and return), participating in hours-long services, and eating more than enough apples, honey, and challah, I, for one, am both physically and spiritually exhausted!

No rest for the weary, however. Sukkot, Shemini Atzeret, and Simchat Torah follow in quick succession.

I find it interesting that after the solemnity that began in Elul and lasted through Yom Kippur, we are now actually commanded to rejoice! It's as if G-d is saying to us, "Enough with the soul-searching; let's party!"

Besides dwelling and dining in Sukkot, (temporary shelters) for seven days, we shake the Four Species: the lulav (palm, willow and myrtle branches bound together), and the etrog (citron fruit), parading around the synagogue while we sing Hoshanot, prayer-poems to G-d asking for G-d's protection and help.

The experience of living in an impermanent shelter where we can actually see through the roof to the sun and stars, as well as shaking the Lulav and Etrog in all directions, symbolizes our own fragility, and how much we depend on G-d, who resides everywhere, for the blessings we receive. And celebrating the holiday of Sukkot gives us the opportunity to acknowledge those blessings.

On Shemini Atzeret, a separate holiday occurring directly after Sukkot, we start praying for rain, which is so integral to the land of Israel, (and for us as well). And last, but not least, we conclude our full holiday season with Simchat Torah, where we finish the book of Deuteronomy (D'varim) and immediately begin reading Genesis (Bereshit), demonstrating that Torah study never ends.

Then, the party is over, and a week later we enter the month of Cheshvan, the only month in the Jewish Calendar without a holiday or fast day. I imagine that by now even G-d acknowledges that enough is enough! We can relax a bit, go back to the routine of our lives, and reboot before Spring brings the next major Festival Holiday: Pesach.

There's a risk in routine, however. We must be sure to take with us the lessons we have learned, the goals we have set, and the resolve to make them happen, as we head back into the normalcy of everyday living. We must carry the inspiration and memories of the Holy Day Season with us daily. And remember: you can get that inspiration every week at Shabbat Services at Beth Shalom!

I ask you to make participating in services part of your weekly ritual. Your search for holiness and meaning leads right to our synagogue door. I look forward to meeting you there.

Chag Sameach,

– *Sheri Allen*  
*Cantorial Intern of the Cantors Assembly*



# Sisterhood

As I write this article, it is just before Rosh HaShanah, the time we prepare ourselves inwardly to begin a new year.

One way we do this is by remembering the dead, the people without whom we would not be here today. We remember through our communal visit to the cemetery, walking, in a sense, in the presence of those who are no longer with us. We remember through Yizkor, when we praise Adonai our God with the words of the ancient Mourners Kaddish.

This year I want to share with you the story of a hero of our faith, the very first woman rabbi, Regina Jonas. She was not an American, but a German. The young Regina heard the call to be a rabbi and was educated at a German seminary under Rabbi Leo Baeck, prior to her ordination in Berlin in 1935.

Under Nazi persecution, Rabbi Jonas was forced into labor. Yet, she defied the Nazis. She taught and preached in synagogues as the Nazis stripped them of male rabbis. Then, the Gestapo deported Regina to Theresienstadt, where she worked tirelessly to alleviate trauma amongst the prisoners. Finally, Rabbi Regina Jonas was deported to Auschwitz, where she was murdered in 1944 at the age of 42.

We remember Rabbi Jonas's story, not simply to mourn her, but to honor her. Rabbi Jonas, like too many of our people, had no family to say Kaddish for her and no family to thank Adonai for the gift of her life and for her faithfulness and bravery throughout the horror of Ha Shoah.

Aren't we Regina Jonas's family? We can remember her life and the sacrifice of all our martyrs and honor them by living faithfully in our own time and place.

May we be written in the book of life!

– *Miriam Ward, President*  
*Beth Shalom Sisterhood*

## Sisterhood members for 2009-2010

Janet Aaronson  
 Rochelle Bekerman  
 Miriam Benabib  
 Wanda Brunell  
 Barbara Bushner  
 Sarita Cabrero  
 Rosalie Cagan  
 Leila Caplan  
 Jennifer Daley,  
 Julie Eisenfeld\*  
 Ilene Feld  
 Marian Feld  
 Margaret Berthoff-  
 Fernandes  
 Laura Fleischer  
 Melanie Garver\*  
 Deborah Goldsmith  
 Sharon Greene  
 Debby Hein  
 Shelley Jessup  
 Fran Kreindler  
 Judi Lecoq  
 Tamara Lenhoff  
 Linda Licker  
 Agnes Mishkin  
 Ellen Pincus  
 Hannah Posner  
 Rebekah Posner  
 Stephanie Posner  
 Christine Posnock\*\*

Sheila Poster  
 Phyllis Richmond  
 Sandra Rieser  
 Raquel Rosenthal  
 Heidi Rothschild\*\*  
 Yael Sasley  
 Chanel Sassoon  
 Davina Sassoon  
 Shirley Sassoon  
 Leslie Schulman  
 Dolores Schneider,  
 Arlene Schwartz\*  
 Felice Silverberg  
 Leslie Smith  
 Danielle Snailer  
 Andrea Snow  
 Mary Soltz  
 Bea Stein\*  
 Martine Thomas\*\*  
 Leslie Udes  
 Jan Wagner  
 Jordan Wagner  
 Fran Weiger  
 Jan Weiss  
 Sharon Wenokur  
 Sharon Wichter  
 Miriam Ward\*.

\*Woman of Valor;  
 \*\*Chai Light

# Brotherhood

**Brotherhood Breakfast Speaker Series:  
 Gil Elan will Present**

***Update on the Middle East***

**Sunday, October 4, 11:00 a.m.**

**Breakfast at 10:15 a.m., \$3.00 per person  
 The Breakfast Speaker Series is Open to All**

Gil Elan is the Executive Director of the Southwest Jewish Congress.

A retired Lieutenant Colonel in the Israel Defense Forces, he is a widely regarded expert on Israel and the Middle East, with extensive experience as an Israeli combat and briefing officer, and later as a strategic and political analyst in the international arena.

While serving in the Israel Defense Forces reserve, Colonel Elan was frequently called to active duty to lecture visiting dignitaries and politicians on various aspects of Israel's security concerns, military strategies and regional threats.

Following the 1982 war in Lebanon, he served as commander of the IDF Spokesman unit in Beirut.

Gil served as special emissary of the Jewish National Fund to the USA, was the Washington State director for AIPAC (American Israel Public Affairs Committee), and the Northwest Region director of the Middle East Forum. He was also Ohio Region executive director of the Friends of the IDF and, more recently, Southwest Region Executive Director of the American Jewish Congress.

Educated in London and Tel Aviv, Gil Elan has been interviewed on numerous radio and TV shows, published articles and columns on the Middle East, and hosted a popular, live radio talk show in Seattle.



***Sisterhood thanks all our congregants  
 who made the Rosh HaShanah oneg  
 and Yom Kippur break-the-fast  
 such wonderful events***

## Kick-Off Event a Success

Sisterhood's kick-off event - *Re"Jew"venating Speedy Spa Day* - was a super success! (A big thank you again to Terri and Beau Petit Salon.)

It was followed by an equally fun night of dinner and *Grease* at Bass Hall, as well as our high-turnout, first Bubbe's Kitchen Club class (apple honeycake with Laura Fleischer).

October's events are coming up soon, so be sure to sign up: Movie and a Blanket (October 14), followed by Parenting Class with Dr. Carole Rogers (October 25).

– *Yael Sasley, VP Programming*

## Then and Now

The due date for this article is four days before Rosh HaShanah. I have tickets for services at Beth Shalom as well as Ahavath Sholom in Fort Worth and Har Shalom in Fort Collins, Colorado, where my younger daughter lives with her large extended family.

I haven't made up my mind where I will be on Rosh Hashanah, but lately I have been in Fort Worth for Kol Nidre and in Arlington for Yom Kippur. I will be in Dallas at a cousin's house for dinner on Rosh HaShanah and again at another cousin's house for break-fast on Yom Kippur. For me that is a normal life now, but a little complicated compared to the life I grew up with in Fort Worth.

The reason I will go to Fort Worth is to sit in a seat near where my mother always sat. Her seat was near the memorial board with all the lights lit for Yom Kippur. That made it warmer than most of the other seats with the air-conditioning turned up full blast. It's not the temperature that brings me to that exact place, but the memory of sitting next to my mother for thirty years of my adult life.

There was a peaceful feeling then, living the tradition. I remember meeting my friends while my parents said "Yizkor." (You had to leave during Yizkor if your parents were still living.) We gathered in the lobby, chattered like a flock of geese and ignored the ushers who kept shushing us and warning us to keep quiet.

Before 1952, I remember the old synagogue in Fort Worth was downtown. Some people took rooms in a downtown hotel so they wouldn't have to drive on Yomtov. For the kids there were no rules and we looked forward to seeing a movie at a nearby theater in the afternoon while we waited for our parents to go home.

Within a hundred feet of the shul, there was a doughnut shop that we could smell since the windows were always open. Across the street there was a barbecue joint that must have tempted worshippers who diligently fasted from sunset

to sunset on Yom Kippur. Many women carried smelling salts or ammonia to revive those who fainted due to hunger or heat. I remember that people burned memorial candles in the basement of the schul and us kids found the hot wax to play with. During the war, (WWII) we didn't have chewing gum and we chewed the wax and threw wax balls at each other while sitting on the steps of the old building.

All that was before television. The cantor's chant was considered entertainment and the rabbi's sermon was education. Rabbi Isadore Garsek was a master of combining learning with laughter. Out of the synagogue, he was sought after by both Jewish and Gentile groups to speak.

On the High Holidays, he outdid himself spinning tales and telling stories from the Bible. His jokes were suitable for a synagogue, but would have captivated vaudeville audiences in New York. He could have made a living on the "borsht belt" in the Catskill Mountains. Those of you who remember our Rabbi Keith Stern will understand this kind of rabbi. Life was so much simpler then.

I passed this text by my daughters and they both questioned my lack of spirituality. I knew that they would. They are looking at me from their place in life as leaders of their congregations. In this season of renewal and return, they think I should challenge you to consider the kind of life you are living, and the changes you could make to be a better person.

I hope you did this job of repentance when you went to services. I hope you recognized the need to continue your support of our congregation so your children and grandchildren will have good memories of Congregation Beth Shalom.

I wish you a happy and spiritual new year.

– *Sherwin Rubin*  
*sherwin@rubin.net*

## Yiddishkeit

### Retaining a sense of Jewishness

Old jokes. Horse walks into a bar; bartender says why the long face? . . . Another:

Welcome to the Psychiatric Hotline: If you are obsessive-compulsive press 1 repeatedly. If you have multiple personalities press 3,4,5,6. If you are depressed it doesn't matter, no one will answer. Woody Allen jokes.... "Life is divided into the horrible and the miserable".

Another Woodyism: "Most of the time I don't have much fun. The rest of the time I don't have any fun at all." There you go, picture Woody Allen, or just about any Jewish comedian lying on the shrink's couch blaming everything on Jewish guilt, Hebrew school and his mother.

See, depression can be funny, but not to the millions of people who suffer from this illness. Medical students are taught that up to 30% of the patients they see will have underlying psychiatric problems. Everyone understand diseases like cancer, diabetes, heart disease, but depression is a disease of the mind, it can't be seen, and to many if it isn't seen

it isn't real.

Danny Evans had the world in his hands, a great wife, great job, new son, great life. Then with in a 3 day period he lost his job, saw the twin towers fall, and saw his life crumble.

In his new book *Rage against the Meshugenah- Why it takes Balls to go Nuts*, he details his devolution into severe depression and his recovery. With a sharp wit, and honest dissection of his psyche readers get a much better understanding of what depression is and how it affects the individual.

As a physician I found his insight very interesting. If you are depressed you need to read this book. If you know someone who is depressed, read this book. If becoming depressed is on your things to do list, then read this book. Oh in case you are wondering, the author only blames part of his problems on Jewish guilt, Hebrew school and his parents.

– *Dr. K*  
*oygevalt@sbcglobal.net*

## Views from Kabbalah:

### Spirituality and Kabbalah.

Human beings are incapable of doing anything that does not provide them some kind of pleasure or allow them to avoid some kind of pain. In order to take action, a human being must feel that the pleasure he/she will gain, will exceed the pain (short-term or long-term).

The word Kabbalah in Hebrew means receiving. According to Kabbalah, God is "Tov Umeitiv" (good and does only good) and the world was created for the sake of human beings. Therefore, God's goal is to give human beings pleasure. Kabbalah teaches us how to receive in order to maximize that pleasure.

The five levels of pleasure (See *The 5 Levels of Pleasure – Enlightened Decision Making for Success in Life*, by Rabbi Noah Weinberg) are: Level 5 - Physical; Level 4 - Love; Level 3- Conviction; Level 2 – Creativity and Level 1 – Spiritual. Level 5 pleasures include food, sex, shelter and other material objects. This is the most common form of pleasure for most people. Level 5 pleasures are common to all animals and when human beings pursue these pleasures they live at the animal level.

As taught in Kabbalah, outside our physical world, God created only one thing, the will to receive. Our will to receive is created in such a way that physical pleasures are ephemeral; they disappear as soon as our "vessel" is full.

Level 4 pleasure (love) is longer lasting and qualitatively more pleasurable than physical pleasures. Level 3 is the pleasure one receives from doing the right thing according to one's values. Level 2 is pleasure from satisfying our need to be unique and affect the world in some lasting way.

Pleasures in Levels 4 through 2 are "humanistic" pleasures. They are beyond animalistic pleasures but are still pleasures from the material world which are below the level of a true human being.

Finally, the highest Level – 1 pleasure is the pleasure from the spiritual worlds; it is the pleasure from achieving our ultimate purpose, sensing the interconnectedness with nature and the higher power. We become true human beings only at this level of pleasure. Level 1 pleasure is not only endless, but is also many folds greater in terms of intensity and quality than all the other levels. Kabbalah teaches us how to receive Level – 1 pleasure from our daily life.

Unlike all the other approaches to spirituality that focus on subduing the ego and will to receive and on avoiding lower-level pleasures, Kabbalah teaches us how to receive correctly in order to gain spiritual pleasure from our daily lives.

Therefore, Kabbalah encourages us to stay engaged in the physical world and live life to its fullest, since everything was created for a reason. However, it teaches how to enjoy life at the spiritual level instead of only at the animalistic and humanistic levels.

– *Dr. Jossef Perl*

#### Sources:

[www.kabbalahlearningcenter.info](http://www.kabbalahlearningcenter.info): Interactive online classes in true Kabbalah (in English) based on the writings of Rabbi Shimeon Bar Yochai (Zohar), Ari and Baal HaSulam.

[www.kab.tv/eng/](http://www.kab.tv/eng/): A TV channel with English translation from Hebrew, which provides Kabbalah-related programs, including discussions, lessons, music, childrens programs, womens programs and more.

## Family Night Supper

A Family Night dinner will be held at 6:30 pm, Friday, October 16, prior to the family shabbat service led by cantorial intern Sheri Allen.

The menu will be cheese ravioli and sauce, assorted salads. (Vegan and gluten-free options available on request.)

No charge for congregants who make reservations by October 14. RSVP to Stephanie Posner, 972-647-2624, or Miriam Ward, 817-416-1408.

## Sylvia Gray Chaverim

Invite you to join them for lunch  
Sunday, October 18, at 12:30 p.m.  
in the Social Hall to hear:

### *Suzi Berman*

(Our own Julie Eisenfeld's daughter.)

Suzi recently returned from a  
life-changing experience in Israel.

Lunch will be catered by Vanessa. (\$5 donation)  
Menu: Tuna Salad, Egg Salad, and all the trimmings.

No need to RSVP for lunch.

If transportation is needed call  
Sandy Silverman, 682-622-9877.

*Sylvia Gray Chaverim made possible through a grant from the Jewish Federation of Fort Worth and Tarrant County. You need not be a member of Congregation Beth Shalom to participate in the Sylvia Gray Chaverim.*

### Daytimers Presents:

Visit the Kimbell Museum for  
*Butchers, Dragons, Gods and Skeletons:*  
Film Installations by Philip Haas,  
from Works in the Collection

Wednesday, October 14

Lunch: 11:30 a.m. Tour: 12:15 p.m.

(Reservations Required)

No charge. Buy your own lunch.

The museum's newest exhibition, *Butchers, Dragons, Gods and Skeletons*, is a collection of five short films by Philip Haas that reinterpret works in the Kimbell's collection. Because of limited viewing areas, we will split into groups to tour the five films.

You may reserve for lunch and tour, or for  
tour only. Deadline for reservations  
is Sunday, October 10.

For information/reservations contact: Barbara Rubin,  
817-927-2736, or Sylvia Wexler, 817-294-1129.  
*The Sylvia Wolens Jewish Daytimers is a program of Beth-El  
Congregation with support from the Jewish Federation.*

## Beth Shalom Profiles

In 1994 my family and I moved to Grapevine, Texas after a career change. Shortly thereafter when Gian was in 3<sup>rd</sup> grade and Phoebe in first, we joined Congregation Beth Shalom. CBS was the recommendation of our real estate agent, and it was a good one: The congregant members and staff we met were wonderful. Trish and I knew that CBS was truly a warm and welcoming congregation and would be perfect for us.

In 2002, incoming president Barbara Printz asked me to serve on her board as Finance Committee Chairperson. As I have found with any new job or responsibility, my initial take is always the same: "What could there possibly be for me to do?" I soon found that there was much to do. If I recall correctly, the first bit of business on my plate concerned the expansion, pricing, and general policy relating to our cemetery, Gan Shalom, located in Moore Memorial Gardens. My presentation and proposals were well received by my co-board members and my comfort level was secured.

Since that time, I have also served on the boards of Presidents Marian Feld, Barry Schneider, and Stuart Snow. Recently I served as 2<sup>nd</sup> Vice President on the executive board until assuming the position of House Chairperson when Dolores Schneider needed to step down.

I enjoy serving on the board and especially as the House Chair where the challenges have been endless, yet fruitful and rewarding. I hope my efforts to oversee the maintenance and upkeep of our facility have shown, even if it means you haven't noticed because there was nothing wrong to notice. "It's always something!" is how most of my conversations with Janet begin or end.

I've been fortunate to have the support and assistance from many CBS congregants: Ben Weiger and the numerous participants of our Campus Mitzvah Day project, master craftsmen Larry Fleischer and David Markson, style conscious Yael Sasley and her creative team of room renovators, staff members Kenneth and Arthur, and our Executive Director Janet Aaronson, to name a few helping hands.

Currently, I am working with a committee on the long term master plan for reconfiguration of the sanctuary side of our campus should we be fortunate enough to sell the religious school property.

If you are interested in serving on the House committee, or have a talent or skill that can be put to good use in our efforts to maintain and improve our CBS campus, I'd love to hear from you.

L'Shalom,

– Randy San Antonio  
House Chair



## Birthdays

### October 1

Billye Burke

### October 2

Arthur Moses  
Christine Posnock  
Lisa Rein  
Aylcia Robertson  
Stephen Robertson

### October 3

Mary Goodman  
Phil Kabakoff  
Adam Weiss

### October 4

Ethan Goldfarb

### October 6

Loesje Blumberg

### October 8

Benjamin Bekerman  
David Schwartz

### October 9

John Blair  
Patricia Holland

### October 10

Laura Fleischer  
Aaron Goldsmith

### October 11

Michael Fratina  
Howard Frost  
Ashley Rosenstein  
Trish San Antonio

### October 12

Ryan Kravetz

### October 13

Rebecca Townsend

### October 14

Ken Pyles

### October 15

Richard Chiarello  
David Silverberg

### October 17

Cathy Frisinger  
Melanie Garver  
Tamara Lenhoff  
Kendall Posner

### October 18

Iris Jeffreys

### October 20

Sarah Walkup  
Frank Weiner  
Helen Wilson

### October 21

Hailie Posner

### October 22

Hannah Posner

### October 24

Larry Goodman  
Zachary Markson

### October 26

Barbara Chiarello

### October 28

Michael Dunn

### October 29

Kristopher Dickman  
Barry Schneider

### October 30

Marty Goldsmith



## Anniversaries

### October 4

Debi & Mark Lewis

### October 5

Iris & Brett Jeffreys

### October 7

Toni & Norman Epstein

### October 12

Janet & Jerry Aaronson (40)

### October 15

Leslie & Jeff Smith

### October 27

Linda & Michael Dunn

### October 28

Cathy & Jim Frisinger

### Sign Up Now for Sisterhood's Biggest Fundraiser Gift Wrapping at Northeast Mall

To sign up or for more information on shifts  
available please call Sharon Greene:  
817-456-1551 (cell), 817-283-6071 (home)

## ADVANTAGE EYECARE

MARK SCHWARTZ, O.D.  
ARLENE SCHWARTZ, O.D

MAYFAIR VILLAGE  
724 GRAPEVINE HWY.  
HURST, TEXAS 76054  
817-788-2020

If you can't read this, you need to see us.

We rely on you to let us know when a member of Beth Shalom has celebrated a simcha, endured a loss, or is ill. Please call the office 817-860-5448, or email to [janetaa@bethshalom.org](mailto:janetaa@bethshalom.org).

# Donations

(Received prior to September 19)

## BUILDING FUND

In memory of Fannie Dorfman and Sidney Dorfman; in loving memory of Sylvia Gray from Randall Gray

In memory of Martin Kirshbaum from Ruth and Burt Friedman

Wishing good health to Madiline Yacovitz from Monte Shaw

In memory of Maurice Weinberger and Ida Barken from Alice and Steve Ginsburgh

## SPIRITUAL LEADER FUND

In memory of Bernard Levy from Alice and Steve Ginsburgh

## CHEVRA KADDISHA FUND

In memory of Samuel Jonas Katz from Sorai Stuart

## MORTGAGE REDUCTION FUND

In memory of Dr. S. William Flack, Dr. Stuart Flack, David Mandel, Betta Mandel, and Jules Flack

from Harold Mandel and Sharon Self

In memory of Howard Goldsmith

from Debbie and Marty Goldsmith

In honor of Klila and Brian's 40th anniversary;

in memory of Tim Binder and Fannie Lazovick,

from Martine and Larry Thomas

## EDUCATION FUND

In memory of Tirzah Berthoff from Margaret Berthoff and Eric Fernandes

## IRA UDES MEMORIAL BIMAH FUND

In memory of Gloria Ershler from Shelley and Steve Sternblitz

## Rabbi Brian Zimmerman to Lead Shabbat Service Friday, October 23

**Rabbi Zimmerman will add a Jewish twist to Halloween by foregoing a sermon to discuss Jewish superstitions and ghost stories**

Rabbi Brian Zimmerman comes from a long line of rabbis. He is a 12<sup>th</sup> generation rabbi following in the footsteps of his father and grandfathers before him.

Raised in New York City, Rabbi Zimmerman's route to the pulpit began by studying film and broadcasting rather than Torah, as he received his undergraduate degree from Boston University. He moved to Hollywood with the intent of working in the film industry, but realized that his calling to be a Rabbi was much stronger.

He was ordained at the Hebrew Union College in New York City in 1993 and wrote his thesis on the origins and modern developments of the Passover Haggadah. He has a Masters degree in Hebrew letters from Hebrew Union College in Los Angeles. Rabbi Zimmerman is the Union Rabbi of the South District of the Union for Reform Judaism.

In this capacity, he attends to the spiritual and physical needs of clergy and congregations in an 11 state district comprising 195 congregations. Prior to this, he was the Rabbi at Congregation Beth Am in Tampa, Florida, from 1999 to 2006, and the Assistant Rabbi at Congregation Beth Ami in Rockville, Maryland, from 1993 to 1999. He has also served as a student intern at the UAHC Department of Small Congregations.

Rabbi Zimmerman has tried to merge his two passions, Judaism and film, through his temple classes and other outside commitments. He served for three years as Chair of Film Procurement for the Tampa Bay Jewish Film Festival. In addition, he is the Chair of the Reform Rabbinat's task force on Congregational and College campus relations, a member of the CCAR Conference Program Committee, and a member of the URJ College Committee. In addition, he recently completed a term as the president of the Tampa Rabbinical Association.

Rabbi Zimmerman lives in Dallas with his wife Mimi, the Young Adults Coordinator at Temple Emanu-El, Dallas, and his children, Saul and Molly.



## New Member Applications

If you, or anyone you know, is interested in joining the Beth Shalom family, please call our executive director, Janet Aaronson, 817-860-5448

# Yahrzeits



## October 2-3

Leo Lenhoff  
Maurice Kramer  
Albert Schneider\*  
Nancy Spindler  
Pearl Eisenstein\*  
Edward Kulick

## October 9-10

Ethel Craden  
Marcie Schulman  
Herman Kabakoff\*  
Irwin Weiner  
Mordechai Mishkin\*  
Constance Stuart\*

## October 16-17

Lillyan A. Kaplan\*  
Anne Kravetz\*  
Gertrude Steinberg Rubin\*  
Scott Lobel  
Lorraine Tan Posner\*  
Vera Sherwin  
Lena Landsberg  
Rose Maurer Simon\*  
Heshmat Sedgh Sassoon  
Leonard Dison Bolding\*  
Bill Snyder  
Selma H. Krauss\*  
Lumon L. Reynolds\*  
Philip Tanz  
Mina Kessler  
Stephen Schmidt\*  
Harvey Steinberg

## October 23-24

Betty Kramer\*  
Rhonda Cohen Madeo\*  
Fern Blatt  
Lazio Mittelman\*  
Isadore M. Schnee\*  
Morris Mandel\*  
Edith Wenokur\*  
Rita Rosenthal Cohen\*  
Ray Binder Cooper  
Shirley Lynch  
Morris Robinson\*  
Jennette Alice Blonsky\*  
Anna Coller  
Rachel Doskatz\*

## October 30-31

Florence Banks\*  
Jane Kellman  
Martha Steinberg\*  
Alex Cabrero\*  
Jerome Eisenfeld\*  
Selma Klearman Portnoy\*  
Karen Aronowitz  
Nettie Rosenberg\*  
Barbara Jetty  
Stanley Caspan\*  
Louis Weiner\*

\* Memorial Plaque in Sanctuary

## Upcoming Events in October

- 2 Sheri Allen leads erev Shabbat & Simcha Service
- 3 Sheri Allen leads Shabbat morning service
- 3 Gumbo in the Sukkah
- 4 Brotherhood sponsored breakfast; speaker Gil Elan
- 9 Erev Shabbat service
- 10 Shmini Atzeret - Yizkor recited during morning service
- 10 Sheri Allen leads Simchat Torah service (7:00 p.m.)
- 16 Congregation Dinner
- 16 Sheri Allen leads family service
- 17 7th & 8th Grades lead Shabbat morning service
- 18 Adult education starts
- 18 Sylvia Gray Chaverim
- 19 Rosh Chodesh Cheshvan minyan
- 23 Rabbi Brian Zimmerman leads erev Shabbat service
- 24 Sheri Allen leads morning service
- 25 Dr. Carole Rogers presents Parenting Class
- 30 Erev Shabbat service
- 31 Morning Service

See calendar for additional items and times

## Sisterhood Social Action

Sisterhood is looking for volunteers who are willing to spend time at the hospital visiting with abused and neglected children at Cook Children's Medical Center in Fort Worth.

The Alliance for Children has created "KIDS CREW" to train volunteers to help these babies and tots: holding them, feeding them, singing to them, taking them to the play room, giving them a ride in a wagon, and more.

At times when a child is severely injured or neglected, and requires hospitalization, the parents are often denied access to the child. This means the child is often alone, which is where the KIDS CREW comes in. Cook's staff is amazing and does everything they can to be with the child. However, they have other patients and responsibilities.

Please help by volunteering to spend time with these children.

For more information or a volunteer application, contact Marilyn Roberts, Alliance for Children, 1320 W. Abram, Arlington, TX 76013; 817-795-9992, or by email to: [mroberts@allianceforchildren.org](mailto:mroberts@allianceforchildren.org).

## Religious School Calendar

### October

- 4 Religious School, Sukkot
- 7 Mid-Week Hebrew
- 10 Simchat Torah; 1st-Grade Consecration Service
- 14 Mid-Week Hebrew
- 18 Religious School
- 21 Mid-Week Hebrew
- 25 Religious School
- 28 Mid-Week Hebrew
- 31 Special Religious School Session

## Parenting Workshop

Sunday, October 25, 9:30 - 11:30 am

Dr. Carole Rogers, Jewish Family Services will discuss *Navigating Your Child Through Life Transitions* over brunch (no charge)

### Free Community Performance

## "Kids Who Care" Perform *Deep in the Heart*

Featuring a vignette by Hollace Weiner and Riki Zide, and community player, Ben Feld

Sunday, October 25, 1:30 p.m.

at Congregation Ahavath Sholom

Join us for a lively performance followed by dessert.

(You'll be done by 2:30 p.m. if you want to catch the Cowboy game.)

Don't forget to bring canned goods for the Tarrant Area Food Bank.

*Sponsored by the Jewish Federation of Fort Worth and Tarrant County with financial support from the Dan Danciger/ Fort Worth Hebrew Day School Supporting Foundation*

## Free Gumbo in the Sukkah

Saturday, October 3, 7:00 p.m.

Please Bring Desserts and Drinks to Share

RSVP to Barry Goldfarb

817-274-8030

### Save the Date:

The Fort Worth Chapter of Hadassah  
Community-Wide Women's Celebration

presents

## Dr. Maria Sirois

A clinical psychologist and master storyteller who combines powerful and moving anecdotes with research bringing audiences to the place we all most want to be: moved to tears, joy, and positive action within the lives we are already living.

Monday, November 2, 6:00 p.m.  
at Beth-El Congregation

\$10 per person. For more information call Dolores Schneider, 817-294-7626

Partially funded by the Jewish Federation of Fort Worth and Tarrant County Endowment Fund.